

SEPTEMBER 2019 MENU: LOWER SCHOOL

Monday 9/2	Tuesday 9/3	Wednesday 9/4	Thursday 9/5	Friday 9/6
 No School LABOR DAY	LUNCH: Bunza, Corn, Mandarin Oranges, Pickle & Milk PM: Baked Ham & Cheese Sticks	LUNCH: Beef Hot Dog, Vegetarian Baked Beans, Pears, Cookie and Milk PM: SunButter, Banana, & Pita Bread	LUNCH: Hot Ham and Cheese, Carrots, Tropical Fruit, Oreo and Milk PM: Strawberry Fruit Bar & Milk	LUNCH: Mac and Cheese, Peas, Peaches, Roll & Milk PM: Fruit Cone Friday
9/9	9/10	9/11	9/12	9/13
LUNCH: Spaghetti with Meatballs, Corn, Fruit, Bread Stick & Milk PM: Goldfish & Banana	LUNCH: Chicken Tenders, Mashed Potatoes, Glazed Carrots, Pears & Milk PM: Cheese Stick & Wheat Crackers	LUNCH: Mazzio's Pizza, Broccoli, Pineapple, & Milk PM: Strawberry Chex Mix	LUNCH: Turkey Sausage, Scrambled Eggs, Biscuit & gravy, Mandarin Oranges & Milk PM: Fig Bar & Honest Juice	LUNCH: Beef Chili, Cheese, Corn, Banana, Cornbread & Milk PM: Belvita & Gelatin Cup
9/16	9/17	9/18	9/19	9/20
LUNCH: Beef Steak Fingers, Au Gratin Potatoes, Pears, Roll & Milk PM: Bug Bites and Mixed Fruit	LUNCH: Chicken Alfredo, Peas, Mandarin Oranges, Bread Stick & Milk PM: Baked Cheez Its	LUNCH: Cheese Quesadilla, Spanish Rice, Corn, Tropical Fruit & Milk PM: Cheese Ritz Bitz and Canadian Bacon	LUNCH: Corn Dog, Vegetarian Baked Beans, Mixed Berries & Milk PM: Berry Yogurt and Graham Crackers	LUNCH: Soft Chicken Taco, Refried Beans, Peaches & Milk PM: Banana Smoothie and Animal Crackers
9/23	9/24	9/25	9/26	9/27
LUNCH: Sweet & Sour Meatballs with Rice, Veggie Stir-Fry, Pineapple, Veggie Egg Roll, Fortune Cookie & Milk PM: Banana Pudding & Vanilla Wafers	LUNCH: Cheese Enchiladas, Spanish Rice, Corn, Peaches & Milk PM: Baked Ham & Cheese Sticks	LUNCH: Pulled Pork Sandwich, Peas & Carrots, Sliced Apples & Milk PM: SunButter, Banana, & Pita Bread	LUNCH: Grilled Cheese, Tomato Soup, Banana, Cookie & Milk PM: Strawberry Fruit Bar & Milk	LUNCH: Fish Sticks, Green Beans, Applesauce, Texas Toast & Milk PM: Fruit Cone Friday
9/30	10/1	10/2	10/3	10/4
LUNCH: Beef Meatball Sub Sandwich, Corn, Mandarin Oranges, Sun Chips, Pickle & Milk PM: Bug Bites and Mixed Fruit	LUNCH: Chicken Nuggets, Mashed Potato, Carrots, Tropical Fruit & Milk PM: Baked Cheez Its	LUNCH: Cheese Manicotti, Peas, Cantaloupe, Breadstick & Milk PM: Cheese Ritz Bitz & Canadian Bacon	LUNCH: Turkey & Cheese Sliders, Green Beans, Sliced Apples, Pickle & Milk PM: Berry Yogurt & Graham Crackers	LUNCH: Soft Chicken Taco, Refried Beans, Peaches & Milk PM: Banana Smoothie & Animal Crackers



