




SEPTEMBER 2019 MENU: MIDDLE SCHOOL



Monday 9/2	Tuesday 9/3	Wednesday 9/4	Thursday 9/5	Friday 9/6
<p>No School</p> 	<p>6TH-8TH RETREAT & CAMPOUT</p>	<p>LUNCH: Beef Hot Dog, Vegetarian Baked Beans, Pears, Cookie and Milk</p> <p>PM: SunButter, Banana, & Pita Bread</p>	<p>6TH-8TH RETREAT & CAMPOUT</p>	<p>6TH-8TH RETREAT & CAMPOUT</p>
9/9	9/10	9/11	9/12	9/13
<p>LUNCH: Spaghetti with Meatballs, Corn, Fruit, Bread Stick & Milk</p> <p>PM: Goldfish & Banana</p>	<p>LUNCH: Chicken Tenders, Mashed Potatoes, Glazed Carrots, Pears & Milk</p> <p>PM: Cheese Stick & Wheat Crackers</p>	<p>LUNCH: Mazzio's Pizza, Broccoli, Pineapple, & Milk</p> <p>PM: Strawberry Chex Mix</p>	<p>LUNCH: Turkey Sausage, Scrambled Eggs, Biscuit & gravy, Mandarin Oranges & Milk</p> <p>PM: Fig Bar & Honest Juice</p>	<p>LUNCH: Beef Chili, Cheese, Corn, Banana, Cornbread & Milk</p> <p>PM: Belvita & Gelatin Cup</p>
9/16	9/17	9/18	9/19	9/20
<p>LUNCH: Beef Steak Fingers, Au Gratin Potatoes, Pears, Roll & Milk</p> <p>PM: Bug Bites and Mixed Fruit</p>	<p>LUNCH: Chicken Alfredo, Peas, Mandarin Oranges, Bread Stick & Milk</p> <p>PM: Baked Cheez Its</p>	<p>LUNCH: Cheese Quesadilla, Spanish Rice, Corn, Tropical Fruit & Milk</p> <p>PM: Cheese Ritz Bitz and Canadian Bacon</p>	<p>LUNCH: Corn Dog, Vegetarian Baked Beans, Mixed Berries & Milk</p> <p>PM: Berry Yogurt and Graham Crackers</p>	<p>LUNCH: Soft Chicken Taco, Refried Beans, Peaches & Milk</p> <p>PM: Banana Smoothie and Animal Crackers</p>
9/23	9/24	9/25	9/26	9/27
<p>LUNCH: Sweet & Sour Meatballs with Rice, Veggie Stir-Fry, Pineapple, Veggie Egg Roll, Fortune Cookie & Milk</p> <p>PM: Banana Pudding & Vanilla Wafers</p>	<p>LUNCH: Cheese Enchiladas, Spanish Rice, Corn, Peaches & Milk</p> <p>PM: Baked Ham & Cheese Sticks</p>	<p>LUNCH: Pulled Pork Sandwich, Peas & Carrots, Sliced Apples & Milk</p> <p>PM: SunButter, Banana, & Pita Bread</p>	<p>LUNCH: Grilled Cheese, Tomato Soup, Banana, Cookie & Milk</p> <p>PM: Strawberry Fruit Bar & Milk</p>	<p>LUNCH: Fish Sticks, Green Beans, Applesauce, Texas Toast & Milk</p> <p>PM: Fruit Cone Friday</p>
9/30	10/1	10/2	10/3	10/4
<p>LUNCH: Beef Meatball Sub Sandwich, Corn, Mandarin Oranges, Sun Chips, Pickle & Milk</p> <p>PM: Bug Bites and Mixed Fruit</p>	<p>LUNCH: Chicken Nuggets, Mashed Potato, Carrots, Tropical Fruit & Milk</p> <p>PM: Baked Cheez Its</p>	<p>LUNCH: Cheese Manicotti, Peas, Cantaloupe, Breadstick & Milk</p> <p>PM: Cheese Ritz Bitz & Canadian Bacon</p>	<p>LUNCH: Turkey & Cheese Sliders, Green Beans, Sliced Apples, Pickle & Milk</p> <p>PM: Berry Yogurt & Graham Crackers</p>	<p>LUNCH: Soft Chicken Taco, Refried Beans, Peaches & Milk</p> <p>PM: Banana Smoothie & Animal Crackers</p>