

Meredith Waddel

Counselor



I am thrilled to be part of summer camp again this year at Riverfield! I am excited to work with the students and their families and do what I can to make our time at camp together a positive and enriching experience.

I'm in my 12th year as a school counselor and 17th year in education. I received my bachelor's in Secondary English Education from Oklahoma State University, and my master's in Counseling and Guidance from the University of Missouri-Kansas City. I loved teaching, but feel that I have found my true calling as a counselor. I am passionate about helping others help themselves and working through all of those ups and downs that life throws our way.

My goals for the campers throughout include learning and practicing life-coping skills; increasing awareness of themselves, others, and the world; working toward living a life of mindfulness; learning about and discussing real-world issues; reaching out helping hands into the community and living a balanced, joyful life.

Cheers to a wonderful 2019 summer!

